



THEME: Words To Live By

MEMORY VERSE: Psalm 119:31-32

Blessed is the one who reads aloud the words of this prophecy, and blessed are those who hear, and who keep what is written in it, for the time is near.

SONGS: Click [here](#) for Sunday's worship set. *Be sure to subscribe to our channel!*

TEACHING PASSAGE: Psalm 119:25-32

See the **next page** for any additional resources, including any activities that can be done with young children.

Discussion Questions:

1. Looking at verse 25, how can the word of God give life to someone who is deeply discouraged?
2. What is meditation? How might it be helpful in times of distress?
3. What do you think happens to the psalmist between verses 25/28 and 31 to change his outlook on life?
4. Do you share the same commitment to finding life in God's words as the psalmist? What can we learn from this prayer to help us love the word of God more deeply?

Additional Resources

Teaching Passage: Psalm 119:25-32

- 25 My soul clings to the dust;
give me life according to your word!
- 26 When I told of my ways, you answered me;
teach me your statutes!
- 27 Make me understand the way of your precepts,
and I will meditate on your wondrous works.
- 28 My soul melts away for sorrow;
strengthen me according to your word!
- 29 Put false ways far from me
and graciously teach me your law!
- 30 I have chosen the way of faithfulness;
I set your rules before me.
- 31 I cling to your testimonies, O Lord;
let me not be put to shame!
- 32 I will run in the way of your commandments
when you enlarge my heart!

For Children:

Additional verses, Hebrews 1:1-2, John 1:1-5

1. What words are used to represent Jesus and God's word?
2. What attitude and actions should we have toward God's word?
3. What can we expect God to do for us through his word?

Activity: commit to reading all the stanzas of this psalm during the month of January 2021. With each stanza apply the questions above. Take time to read through it and meditate on the words.