

In-Home Discipleship Guide

Below is a guide to help prepare you (and your small group or family) for Sunday worship. We encourage you to take advantage of this as you are able, and let us know if there are other ways we can serve you at this time.

MEMORY VERSE: Psalm 34:8

Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him!

BIG IDEA: Our God is great, and worthy to be praised!

SONGS: Click [here](#) for Sunday's worship set. *Be sure to subscribe to our channel!*

TEACHING PASSAGE: Psalm 34:1-3

- ¹ I will bless the Lord at all times;
his praise shall continually be in my mouth.
- ² My soul makes its boast in the Lord;
let the humble hear and be glad.
- ³ Oh, magnify the Lord with me,
and let us exalt his name together!

See the **next page** for any additional resources, including any activities that can be done with young children.

Discussion Questions:

1. This Psalm is a result from an event that occurred with King David, read (1 Samuel 21:10-15), what is the main idea from these 3 verses?
2. What do you think "his praise shall continually be in my mouth" (not just in my heart) refers to? (Ephesians 5:19-20)
3. Why is boasting in verse 2 acceptable? When is boasting not acceptable?
4. David boasts in the Lord. What attributes of the Lord can you boast in?
5. Verse 3 shifts and David calls upon others to worship with him, who better than the humble to magnify the Lord and exult Him. David was going through many troubles and yet he chooses to exult God's name, have you found time to do the same, if not why?

Additional Resources

For engaging children:

Ask: What does the psalmist do in these 3 verses? (Bless, Praise, Boast, Magnify, Exalt)

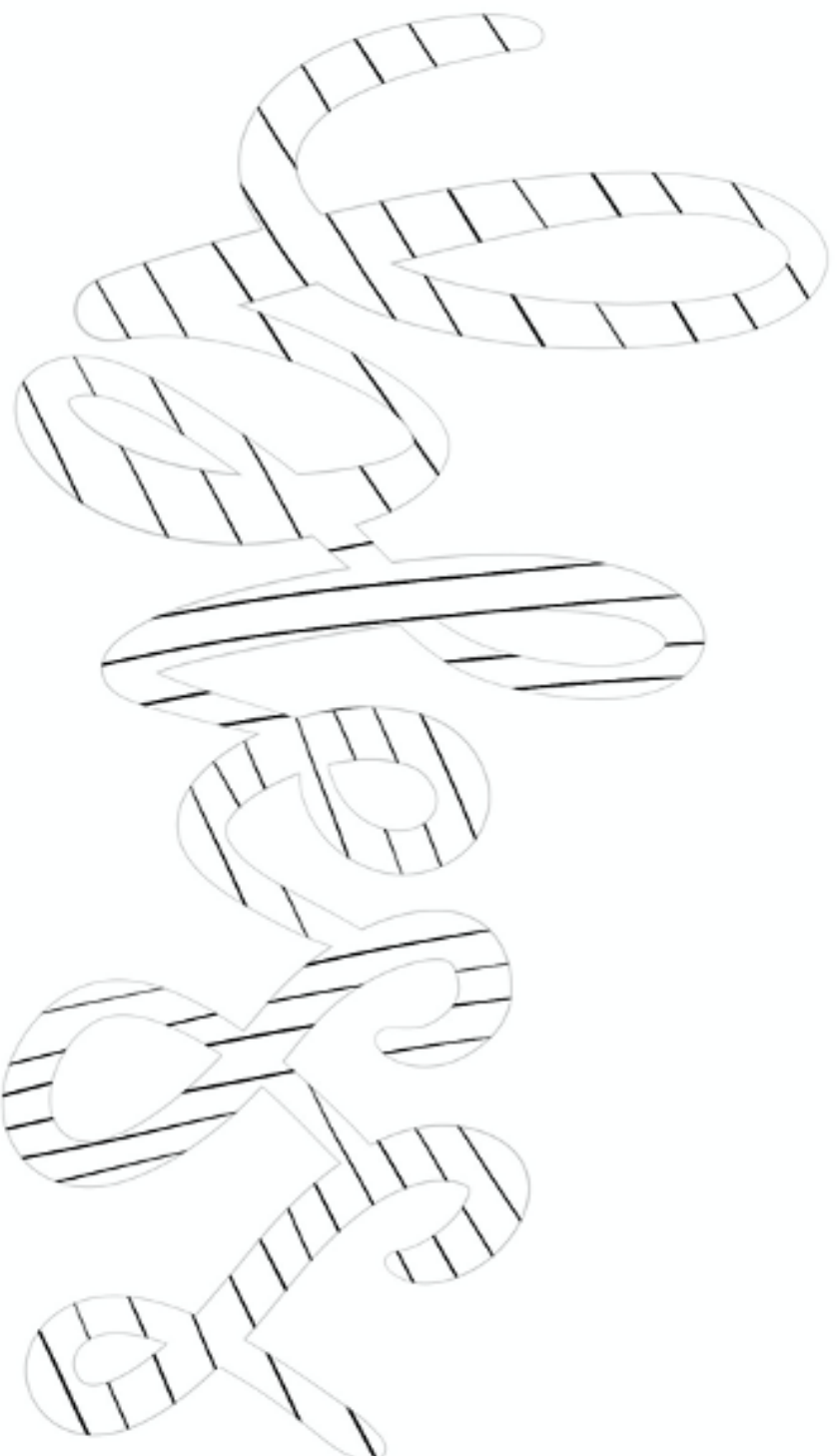
Ask: How often does the psalmist praise? (Continually)

Ask: What action does the psalmist invite others to do with him in verse 3? (Magnify and Exalt)

Discuss why is it important to magnify the Lord and exalt his name together.

Say: During the last few months, we as a church have mostly been apart. What are some ways we have still been able to magnify the Lord and exalt his name together? Let's look more closely at these action words, bless, praise, boast, magnify, and exalt. Use a dictionary to help you understand these words better.

Discuss ways your family can bless the Lord. Color the Bless coloring sheet and write blessings to the Lord on the coloring sheet. Post the bless coloring sheet in your home as a reminder to bless the Lord with your words. (during our study of Psalm 34 we will add new coloring pages like this one, using the words praise, boast, magnify, and exalt.)



I will bless the Lord at all times; his praise shall continually be in my mouth.

Psalm 34:1