

In-Home Discipleship Guide

Below is a guide to help prepare you (and your small group or family) for Sunday worship. We encourage you to take advantage of this as you are able, and let us know if there are other ways we can serve you at this time.

THEME: God's Goodness

MEMORY VERSE: Psalm 34:8

Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him!

BIG IDEA: Our God is good.

SONGS: Click [here](#) for Sunday's worship set. *Be sure to subscribe to our channel!*

TEACHING PASSAGE: Psalm 34:8-10

See the **next page** for any additional resources, including any activities that can be done with young children.

Discussion Questions:

1. In the first seven verses we have been a part of David's experience now we are challenged to experience God's goodness for ourselves. How have you experienced God's goodness lately?
2. How is the second part of verse 8 "Blessed is the man who takes refuge (trusts) in him!" supported by what is in the first part "taste and see that the Lord is good"?
3. Why does the psalmist equate a fear of the Lord with having all your needs provided for?
4. David writes about young lions in verse 10. Do you think he meant it literally, or was he perhaps referring to those that are strong, oppressive, and evil? Remember he was running from King Saul who wanted him dead.
5. "Those who seek the Lord lack no good thing" what good thing is David writing about, food, shelter, clothes, riches? (Philippians 4:11-13)

Additional Resources

Teaching Passage: Psalm 34:8-10

- ⁸ Oh, taste and see that the Lord is good!
 Blessed is the man who takes refuge in him!
- ⁹ Oh, fear the Lord, you his saints,
 for those who fear him have no lack!
- ¹⁰ The young lions suffer want and hunger;
 but those who seek the Lord lack no good thing.

Prayers to Taste and See the that the Lord is Good

For Those Who've Already "Tasted and Seen"

Father, You are good. I have tasted of this goodness and proclaim it to the world. I'll not be kept quiet. I have seen the beautiful and mighty work of Your hands and know that You are good. You alone are good, God. I trust You. Yesterday. Today. Tomorrow. In this situation and in the ones to come, whether good or bad, I run to You. And if I allow fear, discouragement, or other feelings to lead me astray, remind me of Your goodness, for You alone are my only true refuge. I will trust in You. And Lord, thank You for blessing me. I don't deserve it, but You are so good. May the glory be Yours. Thank you, my loving Father. In Jesus' name, amen.

For Those Who Would Like to "Taste and See" for the First Time

God, The Bible says to taste and see that You are good. I'm not sure I know what this means, honestly, but I trust You and Your Word. My situation is tough, but I am certain you will show me how to taste this goodness, how to chew on and devour every bite of it. Cause me to see Your goodness—all I can handle, Lord. I need an encounter with You comprised of deep substance, not shallow, man-made religion or something lukewarm. Show me the way. I trust in You. In Jesus' name, amen.

Activity:

Ask: What words are used to describe what David is asking his readers to do? What will result from doing these things? (Fill out the chart.)

Do This	Result

Ask: What is your favorite flavor of ice cream or favorite pizza topping? What is your favorite fruit? Can you pretend to take a bite of your favorite food or if you have some take a real bite? What does it look like? What does it feel like? What does it smell like? What does it taste like? What does it sound like when you take a bite?

Ask: What does the word good mean to you? Can you name some good things?

Say: When you trust the Lord, you can experience his goodness. You just named some good things. All good things come from the Lord. Can you name some good things about the Lord and Boast in him? Color the Boast picture below and write the ways you have experienced the Lord's goodness.

