**1** Preserve me, O God, for in you I take refuge. **2**I say to the Lord, “You are my Lord; I have no good apart from you.”   
**3** As for the saints in the land, they are the excellent ones, in whom is all my delight. **4** The sorrows of those who run afteranother god shall multiply; their drink offerings of blood I will not pour out or take their names on my lips.   
**5** The Lord is my chosen portion and my cup; you hold my lot. **6** The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance. **7** I bless the Lord who gives me counsel; in the night also my heart instructs me.   
**8** I have set the Lord always before me; because he is at my right hand, I shall not be shaken. **9** Therefore my heart is glad, and my whole beingrejoices; my flesh also dwells secure. **10** For you will not abandon my soul to Sheol, or let your holy one see corruption. **11** You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore. Psalm 16

**I. True well-being**

**1** Preserve me, O God, for in you I take refuge. **2**I say to the Lord, “You are my Lord; I have no good apart from you.”

**3** As for the saints in the land, they are the excellent ones, in whom is all my delight. **4** The sorrows of those who run afteranother god shall multiply; their drink offerings of blood I will not pour out or take their names on my lips.

**II. A better inheritance**

**5** The Lord is my chosen portion and my cup; you hold my lot. **6** The lines have fallen for me in pleasant places;

indeed, I have a beautiful inheritance.

**III. Security and Joy**

**7** I bless the Lord who gives me counsel; in the night also my heart instructs me. **8** I have set the Lord always before me; because he is at my right hand, I shall not be shaken.

**9** Therefore my heart is glad, and my whole beingrejoices; my flesh also dwells secure.

**10** For you will not abandon my soul to Sheol, or let your holy one see corruption.

11 You make known to me the path of life; in your presence there is fullness of joy;

at your right hand are pleasures forevermore.